

This week's snack menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	<ul style="list-style-type: none"> ▪ Selection of cereals including rice crispies, Weetabix etc. ▪ Choice of Toast/bagel/muffin ▪ Drink of water/milk/fresh juices ▪ Fresh fruit 	<ul style="list-style-type: none"> ▪ Selection of cereals including rice crispies, Weetabix etc. ▪ Choice of Toast/bagel/muffin ▪ Drink of water/milk/fresh juices ▪ Fresh fruit 	<ul style="list-style-type: none"> ▪ Selection of cereals including rice crispies, Weetabix etc. ▪ Choice of Toast/bagel/muffin ▪ Drink of water/milk/fresh juices ▪ Fresh fruit 	<ul style="list-style-type: none"> ▪ Selection of cereals including rice crispies, Weetabix etc. ▪ Choice of Toast/bagel/muffin ▪ Drink of water/milk/fresh juices ▪ Fresh fruit 	<ul style="list-style-type: none"> ▪ Selection of cereals including rice crispies, Weetabix etc. ▪ Choice of Toast/bagel/muffin ▪ Drink of water/milk/fresh juices ▪ Fresh fruit
Snack	<ul style="list-style-type: none"> ▪ Pancakes with a selection of spread ▪ Fruit ▪ Water or diluting juice 	<ul style="list-style-type: none"> ▪ Selection of flavoured yogurts ▪ Choice of biscuit ▪ Fruit ▪ Water or diluting juice 	<ul style="list-style-type: none"> ▪ Sandwich with a selection of fillings ▪ Selection of salad ▪ Fruit ▪ Water or diluting juice 	<ul style="list-style-type: none"> ▪ Nacho's ▪ Dips (salsa/sour cream) ▪ Bread sticks ▪ Peppers/cucumber ▪ Cheese ▪ Water or diluting juice 	<ul style="list-style-type: none"> ▪ Cracker with a selection of spreads ▪ Cold meats ▪ Fruit ▪ Water or diluting juice